

# GROUARD

COMMUNITY DRIVEN SERVICES

TOG 1C0



## NORTHERN LAKES COLLEGE NATIVE CULTURAL ARTS MUSEUM

CULTURAL AND EDUCATIONAL

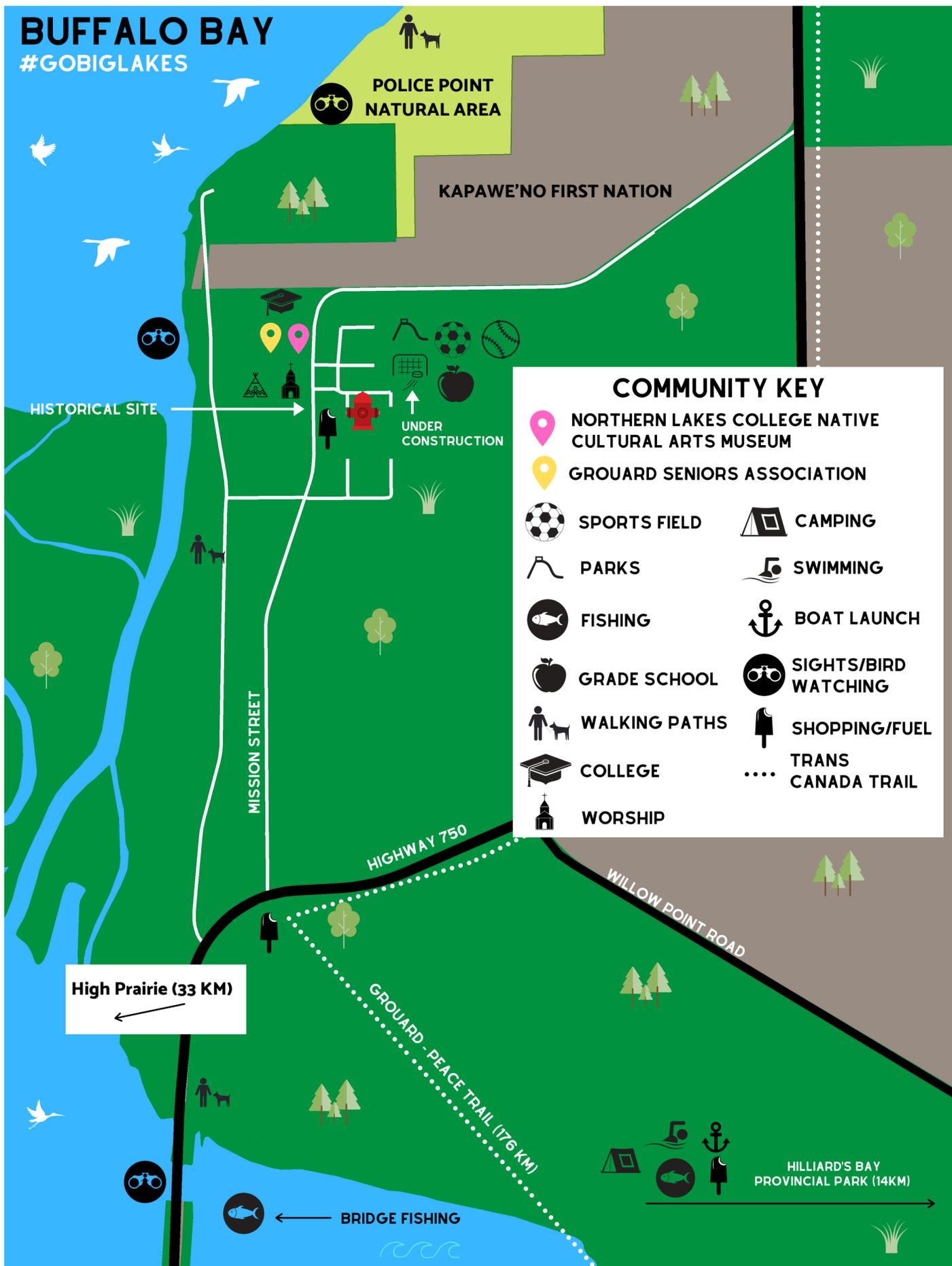
780-751-3306

64 MISSION STREET

### Cultural Experience

- admission is free, located in room E130
- open 8:15am to 4:30pm from September to June
- open 9:00am to 4:00pm in July and August
- tours of the St. Bernard Catholic Church (Canadian Historic Place) are available, please call in advance.

- interpretive tours
- educational programs
- for an interpretive tour or education program please call prior to your visit



## GROUARD SENIORS ASSOCIATION

PEARL, PRESIDENT  
780-523-3968

MANNY, VICE-PRESIDENT  
780-751-3773

SENIORS PROGRAMMING & RECREATION, AND CULTURAL PROGRAMMING

### ABOUT

The dedicated group at the Grouard Seniors Association takes great consideration towards community needs. If you're planning an event or looking to kick-start a community program, the Grouard Seniors will provide the support you need to make it happen.

The Grouard Seniors provide a weekly lunch from September to June as well as other social activities to encourage seniors to get out and interact. They also support the most at risk seniors with grass cutting, snow removal and the option of a weekly meal delivered.

If you've got an idea of something you'd like to see in Grouard, give one of the eager executives at the Grouard Seniors a call!

Membership is open to seniors over 55 who live or have lived within 30km of Grouard and it's just \$10/year.

### MORE

When you're checking out our community driven services, consider taking a short detour to the Grouard - Peace River Trail or take in the sights of Buffalo Bay - a nesting ground for over 100 migratory birds.

If you want to learn more about beautiful Grouard, give our community organizations a call, or call Big Lakes County! We both want to help you make the most of your time in Grouard.